

Five College Learning in Retirement

# WINTER 2011 PROGRAMS



9 Mason Hall  
Smith College  
Northampton  
MA 01063  
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## WINTER BREAK CALENDAR

Thurs. Jan. 6 10:00-12:00 <i>Snow date-Jan. 7</i>	Memorial Program	Alumni House Amherst College
Tues. Jan. 11 9:00 a.m. – 12:00	Computer Workshop “Improving PowerPoint”	212 Seelye Hall Smith College
Wed. Jan.12 9:00 a.m. – 12:00	Computer Workshop “Improving Word Documents”	212 Seelye Hall Smith College
Thurs. Jan.13 2:00 p.m.	<i>A Border Crossing</i> Discussion	location <i>tba</i>
Tues. Jan 18 2:00 p.m.	Mead Art Museum	Amherst College
Wed. Jan 26 2:00 p.m.	Sara Wolff – <i>Vital Aging</i>	Alumni House Amherst College
Tues. Feb. 1 2:00 p.m. Easthampton	Mike Lally	Mt. Tom Room Lathrop

There are no meetings scheduled for the Council or Curriculum Committee.

## **TECHNOLOGY WORKSHOPS**

### **Improving Power Point**

**Tuesday, January 11  
9:00 A.M. – 12:00 P.M.**

**Room 212 Seelye Hall, Smith College**

Many 5CLIR members have learned how to make a simple PowerPoint presentation. This semester will review the basics and then show how to add some more advanced features like video clips and nicer formats.

**Please register on the attached sign-up sheet.**

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### **IMPROVING WORD DOCUMENTS**

**Wednesday, January 12  
9:00 A.M. – 12:00 P.M.**

**Room 212 Seelye Hall, Smith College**

This workshop is intended for those who have a basic familiarity with Word but who want to add such things as pictures, tables and page numbers to their documents.

**Please register on the attached sign-up sheet.**

**Contact person for both workshops: Jim Harvey**

**A BORDER CROSSING**

By  
Leila Ahmed

**Thursday, January 13, 2011**

Join in a discussion of Leila Ahmed's book *A Border Crossing*.

Please call or email Naomi Yanis to register and find out the location, which is yet to be arranged.

**MEAD ART MUSEUM**  
**AMHERST COLLEGE**

**Tuesday, January 18, 2:00 p.m.**

The Mead's collection of American art is considered one of the finest and most varied in an academic institution, ranging from Homer and portraits by Copley to Hudson River landscapes and modern works by Henri, Bellows and Stella.

European art includes major paintings by Rubens, Reynolds and Monet.

All this and more: Russian modern art and West African sculpture, Japanese woodblock prints.

We'll have a guided Highlights tour of these treasures.

**Please register on the attached sign-up sheet.**

Contact person: Dorothy Gorra

**Vital Aging, Seven Years of Building Community and  
Enhancing Health**

**Wednesday, January 26, 2011, 2:00 p.m.**

**Amherst College Alumni House**

Sara Wolff, wife of 5CLIR member Michael Wolff, will talk about her new book, *Vital Aging, Seven Years of Building Community and Enhancing Health* (published by Levellers Press of Amherst).

The book takes off from her meetings with the members of a support group she led for seven years. She is interested in the role that support groups can play in the lives of elders and feels strongly that groups like the Vital Aging group should be widely available.

Sara would like to hear about other people's experiences in groups, including 5CLIR, and she wonders how important groups are and have been to other members of 5CLIR.

**Please register on the attached sign-up sheet.**

**Contact person: Dorothy Gorra**

## **A VISIT WITH MIKE LALLY**

**Tuesday, February 2, 2011  
Mt. Tom Room, Easthampton Lathrop**

Mike Lally, a new 5CLIR member, born in Ireland and on his own since the age of 16, will tell us the story of his life so far, interspersed with his original poetry, in his own inimitable way.

His has been a life of immense variety, fun and adventure, sorrow and tragedy, personal challenge and achievement. In recent years he has confronted the physical problems that many of us also face.

**Please register on the attached sign-up sheet.**

Contact person: Dorothy Gorra

## Winter Break Program Registration

### Mail by December 10, 2010 (address below)

You will be sent an email or phoned reminder for each program.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Computer Workshops

Jan. 11, 9:00 a.m. – 12:00 noon, Room 212, Seelye Hall, Smith College  
\_\_\_\_\_ people coming

Jan. 12, 9:00 a.m. – 12:00 noon, Room 212, Seelye Hall, Smith College  
\_\_\_\_\_ people coming

### Tour of Mead Art Museum, Amherst College

Jan. 18, 2:00 p.m.  
\_\_\_\_\_ people coming (5CLIR members only)

### Sara Wolff—Vital Aging

Jan. 26, 2:00 p.m. — Alumni House, Amherst College — public welcome

### A Visit With Mike Lally

Feb. 1, 2:00 p.m. — Mt. Tom Room, Lathrop Easthampton—public welcome

**There are no fees for any of these programs.**

**Mail sign-up sheet to:**

**5CLIR  
9 Mason Hall  
Smith College  
Northampton, MA 01063**