

Tangle Art

Purpose: The purpose of the workshop is to experience the fun and creativity of "zentangle" art.

Moderator:	Elizabeth Armstrong
Date and Time:	Wednesday morning, 10:00-Noon 10 weeks, starting September 26
Format:	Workshop
Location:	Amherst Womens Club

Description: "Tangle art" is a meditative drawing (or purposeful doodling) technique that uses a black pen on "tiles," or small squares of white paper (traditionally 3.5"x 3.5"). Designs are abstract and consist of repeated patterns, mostly lines and curves, which are easily learned. While artistic ability is not required, a steady hand is helpful.

Role of participants: Participants will draw basic tangle patterns. They should be open to trying something new and willing to share their experiences with others. They are responsible for purchasing and bringing to the workshop the supplies the moderator will recommend (costing not more than \$15).

Resources: A fuller explanation of tangle art along with examples can be seen at zentangle.com. There are many books of tangle patterns in local libraries and online. For example, see Beate Winkler's book entitled *The Great Zentangle® Book: Learn to tangle with 101 engaging patterns*.

Online, go to pattern-collections.com to find patterns and videos of how to tangle.

About the Moderator: I have led many seminars in past years focusing on literature and science. I discovered tangling recently and have been leading a "zentangle" workshop at Applewood since last fall.

Maximum number of participants: 13

Auditors accepted: no

Course # 18F7A