

Smart Choices

Aging in place or moving to a retirement community

Course #	19FSM
Format:	Seminar
Moderator(s):	Tyll van Geel
Co-Moderator:	Katy van Geel
Date and Time:	Wednesday, 9:30-11:30 8 weeks, starting October 2 Meets on 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20
Location:	UMass/5C Credit Union, Hadley
Maximum number of participants:	8
Auditors accepted:	No

Purpose: The purpose of this workshop is to learn a decision-making approach called “Smart Choices” and to apply it to making difficult decisions.

Description: The workshop begins with an introduction to Smart Choices methodology. Next, participants will use the Smart Choices methodology to choose between staying in one’s own home or moving into a retirement community. Finally, we will use Smart Choices to choose among retirement communities. By the end of the workshop we hope participants will have learned real-decision making skills that they can use to make other personal decisions in their lives. The goal is to make difficult decisions with clarity and confidence.

Role of participants: Participants will exchange their thoughts about the choices they face and then practice using the Smart Choices framework. They may want to visit retirement communities nearby (or farther afield), and then share their reactions with the rest of the group.

Resources: Required Book: *Smart Choices: A Practical Guide to Making Better Decisions*, by John S. Hammond, Ralph Kennedy, and Howard Raiffa.

About the Moderator: Katy and Tyll van Geel are long-time members of 5CLIR who have each offered multiple seminars and have a personal interest in the choices to be dealt with in the workshop.