

Zen and the Art of Motorcycle Maintenance

Pursuing the meaning of life

Course #	21SZM
Format:	Seminar
Moderator:	Kip Fonsh
Date and Time:	Wednesday, 1:30-3:30 PM 10 weeks, starting February 24
Location:	ONLINE, via Zoom
Maximum number of participants:	10
Auditors accepted:	No

Purpose: The seminar will critically examine some of the themes of the meaning of life: how to best live life; questions of why we exist; mental illness; spirituality; quality of life; and the integration of science and humanism.

Description: Through reading the whole text, group discussions, individual presentations, and specific readings from the book, participants will explore the major themes, concepts and philosophy embedded in the book.

Role of participants: Participants will be responsible for making a brief introduction to several chapters from the book and leading a 30-minute group discussion of the central themes of those chapters, as they relate to the exploration of the world of ideas, life, and how best to live it.

Resources: The main resource for the course is the book itself, *Zen and the Art of Motorcycle Maintenance*, by Robert M. Pirsig. Participants may choose to consult other resources, including the internet.

About the Moderator: Kip is a retired Social Studies teacher, an assistant curator at the Basketball Hall of Fame, and a Director of Education at Hampshire County Jail and House of Corrections.